State Conference on Adolescent and Youth Health Promotion, April, 2019:

A State Conference on Adolescent and Youth Health Promotion with the theme: Steps to a Healthier India, was conducted in collaboration with Indian Association of Adolescent Health, Department of Youth Empowerment & Sports, Government of Karnataka, Department of Epidemiology, NIMHANS, Bangalore, Adolescent Health Academy (BAHA), BBMP Roshni on 27/04/2019. Oral and poster presentations from staff and PG students of Karnataka along with few high school children with exemplary talent presented their papers.

RGUHS school Health Program, Chikabalapur:

The Rajiv Gandhi University of Health Sciences, Bengaluru in collaboration with Satya Sai Institution were involved in the Health Examination of school children in Chikkaballapur Dist., 2019 under their Divine Maternal and Child Health Programme. Interns & PGs from the department were posted on rotation.
**KIMS Model WHO, September 2019:**

The 4th KIMS Model WHO 2019 was held on 20th & 21st, September 2019 at KIMS college, Banashankari Campus. The Model WHO is an education simulation and academic competition in which students can learn about Diplomacy, International federations, current affairs and United Nations. The theme for the year was “Universal Health Coverage”. The department faculty were actively involved as faculty advisor and session judges in the two day program.

![Image of students participating in the Model WHO event at KIMS college, Banashankari Campus.](image1.jpg)

**Guest Lecture, March, 2019:**

Guest Lecture by Dr. Jugal Kishore on Implementation of AETCOM in UG & PG Curriculum – Issues & Challenges was held at KIMS Hospital & Research Center, Bangalore on 01/03/2019. A total of 50 members including PGs and staff in & around Bangalore attended the program.

![Image of participants at the guest lecture.](image2.jpg)
**Guest Lecture:**

A Guest lecture by our alumni, Dr. V P Sudhashree on Health Economics and Universal Health Coverage was held on 23th March, 2019.

![Guest Lecture Image]

**Guest Lecture, August, 2019:**

Guest Lecture by Dr. Sanjay Zodpey, President, IAPSM & Director, IIPH, New Delhi on “Deciphering the changing & expanding career opportunities for Community Medicine post graduate from National & Global perspective” at KIMS Hospital, Bangalore on 29/08/2019.

![Guest Lecture Image]

**KIMS Alumni Meet, April, 2019:**

The 2nd KIMS Alumni meet was held on 19/04/2019 at Holiday Palms Resort, Nelamangala, Bangalore. Former Dean & Principal Prof. Dr. M K Sudarshan felicitated Dr. B J Mahendra (First PG) on becoming the Director, Prasarnaga, RGUHS, Bangalore. A glimpse of the evolution of the Department of Community Medicine was presented over 20 minutes. Further, Post Graduates were encouraged
to share their ideas and suggestions for the department and seniors shed light about the varied opportunities currently for Post Graduates after completion of the course.

RIMS, Ranchi - 21st APCRI CONFERENCE, July, 2019:

APCRICON, 2019 was held at RIMS, Ranchi on 6th & 7th, July, 2019. Staff and Post Graduates chaired sessions, presented papers and posters in the conference.

AIMS, Bellur - KACHCON, September, 2019:

KACHCON 2019 was held on 13th & 14th September, 2019 at Adichunchungiri Institute of Medical Sciences, Bellur. Staff and Post Graduates chaired sessions, presented papers and posters in the conference.
Publications:


**Invited Speaker:**

1. Dr.D.H. Ashwath Narayana: Speaker at the APRICON 2019 held at Ranchi in July 2019 Talk on “One Health Approach” in CME held at Guwahati on 25th January, 2019

2. Dr. Ramesh Masthi NR: Care during pregnancy and lactation, early childhood care, addressing social causes of malnutrition, identifying indicator at different levels as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 16th September, 2019.

3. Dr. Ramesh Masthi NR: Hygiene (Personal/Food), Environmental Sanitation, Safe drinking water as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 16th September, 2019.

4. Dr. Sanjay TV: PEM and management of under nourished children, growth monitoring and its significance, CED in adult women and its prevention as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 17th September, 2019.

5. Dr. Sanjay TV: Diet related chronic diseases, role of fruits & vegetables, antioxidants, lifestyle in children, nutrition of elderly and diet for healthy ageing as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 17th September, 2019.

6. Dr. Ravish HS: Low Birth Weight and its consequences, preventing onset of malnutrition through lifecycle approach, Nutrition counselling techniques as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 19th September, 2019.

7. Dr. Ravish HS: State Nutrition Policy, current scenario in India and respective states, nutritional goals, Government programmes to combat Malnutrition at community/district level as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 19th September, 2019.


10. Dr. Ravish HS: Steps towards Elimination of Rabies in India, in December 2019 in Bangkok as a part of a Govt of India programme.
11. **Dr. Jayanthi Srikanth**: Importance of Nutrition for infant and young children, early initiation of breastfeeding, exclusive breastfeeding, exclusive breastfeeding upto 6 months, role of complementary feeding, etc. as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 18th September, 2019.

12. **Dr. Jayanthi Srikanth**: Nutrition and Health Education during adolescent, improving diet at low cost, conservation of nutrients, preparation of low cost processed nutritious food at community level, fruits and vegetable storage, etc. as a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 18th September, 2019.

13. **Dr. Giriyana Gowda**: Role of Micronutrients in health promotion, Vitamin ‘A’ deficiency, its prevention and management, Nutritional Anemia, IDD and its prevention, etc. a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 20th September, 2019.

14. **Dr. Giriyana Gowda**: Preparation of area specific educational aids, mass media for nutrition education, mass awareness techniques, area specific action plan, etc. a part of TOT Programme on Nutrition & Health for ICDS functionaries (CDPOs/ACDPOs) held on 20th September, 2019.

15. **Dr. Anwith HS**: Sensitization of Teaching faculty of KIMS on Programmatic management of drug resistant Tuberculosis (PMDT) at KIMS Hospital on 22.03.2019.


**Conference presentations of Post Graduate Students:**

1. **Dr. Sweta Balappa Athani**: Assessment of Quality of life in patients with Chronic Urticaria at the ICAAICON 2018-19 at M S Ramaiah Medical College, Bengaluru.

2. **Dr. Sweta Balappa Athani**: Prevalence of Bronchial Asthma among school children in Bengaluru city at IAPSMCON 2019, Indira Gandhi Medical College, Shimla.


4. **Dr. Thenambigai R**: Cross Sectional Study On Respiratory Morbidities And Pulmonary Functions Among Traffic Policemen In Bengaluru City at the ICAAICON 2018-19 at M S Ramaiah Medical College, Bengaluru.

5. **Dr. Thenambigai R**: A Study On The Respiratory Morbidities Among Traffic Policemen In Bengaluru City, at IAPSMCON 2019, Indira Gandhi Medical College, Shimla.

6. **Dr. Nitu Kumari**: Assessment of Universal Health Coverage in Bangalore city at the IAPSMCON 2019, Indira Gandhi Medical College, Shimla.

7. **Dr. Nitu Kumari**: A cross-sectional study on factors influencing health services utilisation for under-five morbidities in South Bangalore, at KACHCON 2019, AIMS Belur, Karnataka.

8. **Dr. Afraz Jahan**: Geospatial mapping the vaccination coverage of inactivated polio and measles rubella vaccine in a rural area near Bengaluru, Karnataka at IAPSMCON 2019, Indira Gandhi Medical College, Shimla.
9. **Dr. Afraz Jahan**: An exploratory study on junk food and health across generations in urban Karnataka at KACHCON 2019, AIMS Belur, Karnataka.

10. **Dr. Karishma P S**: A Descriptive study on Health Status and Health Seeking Behaviour among Adolescents in an Urban Poor Locality, Bangalore at State conference on Adolescent and youth health promotion, 2019, KIMS, Bangalore.

11. **Dr. Karishma P S**: A Cross sectional Study on Substance use among adolescents in an urban poor locality at KACHCON 2019, AIMS Belur, Karnataka.

12. **Dr. Saranya K**: A study on correlation between birth weight and various anthropometric parameters among newborns in municipal corporation referral hospital, Bangalore at 63rd annual national conference IPHACON 2019, Kakinada.

13. **Dr. Saranya K**: A study on prevalence of anemia among elderly population in urban field practice area of KIMS, Bengaluru at KACHCON 2019, AIMS Belur, Karnataka.

14. **Dr. Deepthi Nagaraj**: Awareness of specific health protective measures among pregnant women attending antenatal clinic at Community Health Centre, Kengeri at 63rd annual national conference IPHACON 2019, Kakinada.

15. **Dr. Sunil M G**: A cross sectional study on respiratory morbidities among school children post Diwali in Bangalore city at the ICAAICON 2018-19 at M S Ramaiah Medical College, Bengaluru.

16. **Dr. Sunil M G**: Evaluation of coverage and compliance to Mass drug administration for Lymphatic filariasis elimination in two endemic districts of Karnataka at IAPSMCON 2019, Indira Gandhi Medical College, Shimla.

17. **Dr. Sunil M G**: Prevalence of Chronic obstructive pulmonary disease (COPD) in the urban field practice area of KIMS, Bengaluru at KACHCON 2019, AIMS Belur, Karnataka.

18. **Dr. Jithin Surendran**: A descriptive study on animal exposures and health seeking behaviour among adolescence and youth at the anti-rabies clinic KIMS Bangalore at State conference on Adolescent and youth health promotion, 2019, KIMS, Bangalore.


**Poster Presentation**:

1. **Dr. Sweta Balappa Athani**: A study on Bronchial Asthma among young adolescents at State conference on Adolescent and youth health promotion, 2019, KIMS, Bangalore.

2. **Dr. Thenambigai R**: A study on Feeding Practices and Morbidity pattern among infants in an urban field practice area of a medical college, Bangalore city at KACHCON 2019, AIMS Belur, Karnataka.

3. **Dr. Nitu Kumari**: Awareness on rabies prevention among adolescents in an urban poor locality at the State conference on Adolescent and youth health promotion, 2019, KIMS, Bangalore.

4. **Dr. Nitu Kumari**: Safety of RIG/ RMAb for Post-exposure Prophylaxis in Patients with Potential Rabies Exposure at APCRICON 2019 at Ranchi Institute of Medical Sciences, Ranchi.
5. **Dr. Deepthi Nagaraj**: A cross-sectional study assessing the nutritional status of Anganwadi children in rural field practice area of KIMS, Bangalore at KACHCON 2019, AIMS Belur, Karnataka.

6. **Dr. Sunil M G**: A cross-sectional study on respiratory morbidities among adolescent post Diwali in Bangalore city at State conference on Adolescent and youth health promotion, 2019, KIMS, Bangalore.

7. **Dr. Jithin Surendran**: A descriptive study on determinants of antenatal care utilization among mothers in urban areas of south Bengaluru at 63rd annual national conference IPHACON 2019, Kakinada.

8. **Dr. Jithin Surendran**: Health seeking behaviour and post exposure prophylaxis received by animal bite victims attending the anti-rabies clinic KIMS, Bangalore at APCRICON 2019 at Ranchi Institute of Medical Sciences, Ranchi.

**Awards**: 

- Dr. R. Thenambigai got Sundramma Young Scientist award for Best Paper presentation and Dr. Sweta B A – UCB ICAAI Young Scientist award for best paper presentation in ICAAIICON 2018 – 19 at M S R M College, Bangalore.
- Dr. Sweta Balappa Athani – Best poster Presentation - State Conference on Adolescent and Youth Health Promotion at KIMS, Bangalore
- Dr. Afraz Jahan – Best Oral presentation - KACHCON 2019 at AIIMS, Bellur
- Dr. Karishma – Best Oral Presentation - State Conference on Adolescent and Youth Health Promotion at KIMS, Bangalore

**Staff Activities**: 

The anti-rabies clinic in the KIMSH & RC, V V Puram, Bengaluru was involved in clinical trials of Rabishield Immunoglobulin and Meningococcal vaccine. The RHTC, Hosabyrohally and UHTC, Yarab Nagar were involved in providing the routine services along with undergraduate, Interns and Post Graduate teaching and training programs.

The department staff were involved in routine conduct of RGUHS examinations for Undergraduate and Post graduate students both as External and Internal examiners within the state and outside the state.

**Dr. D H Ashwath Narayana**:  
Elected as President –APCRI  
Medical Superintendent, KIMSH&RC-June,2019 onwards

**Dr. Chethana R**:  
Professor & HOD in Charge(June-November, 2019)
Dr. N R Ramesh Masthi
Professor & HOD in Charge-December, 2019 onwards

Dr. Ravish H S
Team Member of NCDC – Training Manual preparation for Medical Officers. Mentor for WHO-Epidemic Intelligence Services.

Dr. Jayanthi Srikanth
Session Judge – KIMS WHO model 2019

Dr. Giriyanna:
External assessor for KAYAKALPA award 2019

Dr. Anwith H S:

Intensified Pulse Polio Immunization (IPPI):
Dr. Deepthi Nagaraj, Dr. Jithin Surendran, Dr. Karishma P S and Dr. Saranya K
Post Graduates from the department were involved in the monitoring of IPPI in Bengaluru urban and rural districts in March, 2019.

Intensified Mission Indradhanush:
Dr. Saranya K, Dr. Deepthi Nagaraj, Dr. Jithin Surendran, Post Graduates from the department were involved in the monitoring of Intensified Mission Indradhanush in Urban & Rural Bengaluru district during March, 2019.

Dr. Prakruthi, Dr. Ramya M P, Dr. Pankaj Kumar, Dr. Manasa A R, Dr. Ramu P, Dr. Priyanka D S, have completed the course with flying colors. Dr. Divya Bharathi G and Dr. Suhas S R are the new Post Graduates to have joined the department.
YuvaSpandana – PGs -External Evaluation

Dr. S Sacchidanand, Hon’ble Vice-Chancellor, RGUHS - School Health Program -Staff & PGs along with others.

Rabies Awareness campaign -NGO

School Health Camps - UHTC & RHTC

External Monitors- WHO –IMI & IPPI activities in Bangalore Urban and Rural Areas