Kempegowda Institute of Medical Sciences
Bangalore

ANNUAL REPORT

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ADDRESS

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**Special Activities:**

**CME on National programme for prevention & control of Non-Communicable Diseases on Friday 19th July, 2013, KIMS, Bangalore:**

A CME on National programme for prevention & control of Non Communicable Diseases was jointly organized by Karnataka Association of Community Health (KACH) in collaboration with department of Community Medicine, Kempegowda Institute of Medical Sciences (KIMS), Bangalore on Friday 19th July 2013 between 2.30- 5.00 PM at Lecture hall 1, KIMS, Bangalore. This activity was curtain raiser to Silver jubilee conference of KACH. About 100 delegates which included staff and postgraduates from medical colleges situated in Karnataka attended the programme.

**KIMS Community Medicine Alumni Meet - 26th January 2014:**

The first KIMS Community Medicine Alumnus meet was held on 26th January 2014. An informal get together was held to express gratitude to teachers and to network with fellow alumni and current post graduates on 26th January 2014 in Confident Cascade Resort, Bannerghatta road, Bangalore. The occasion was graced by 30 Alumni with their family members from all batches from various parts of our state and outside the country. Guest attendees also included teaching faculty and non-teaching faculty with their family members.

The meet started with invocation song, welcome speech and information on the objectives of KIMS Community Medicine Alumnus. This was followed by felicitation of our experienced and respected senior staff Dr. A.N. Armugam, Dr. M.K. Sudarshan, Dr. B.G. Parasuramalu, Dr. M.S. Rajanna and Dr. Gangaboraih. They shared their experience in this department and how hard work helped them to reach great height in teaching carrier and brought them success. Also current teaching faculties, non-teaching faculties, nursing staffs in the department were honored with mementoes. Kaleidoscope, a book containing details of alumnus and current postgraduates was released. A walk down memory with photos from different time periods depicting the departmental activities since the inception was projected. This was followed by talks from the alumni. They shared their experiences in this department during their post-graduation and also spoke on how staff helped to enhance their knowledge in the field of Community Medicine including inculcation of leadership and managerial qualities in them. This was followed by group photo sessions and vote of thanks. An adhoc committee was conceived to oversee the activities planned. This was followed by cultural activities and sports for alumni and current PGs. The meet ended with promise to meet again.

**Training of trainers (TOT) programme on Nutrition & Health for ICDS functionaries, 10th to 14th February 2014:**

A five day TOT programme was organized and conducted in the department of Community Medicine, KIMS, Bangalore for CDPO’s & ACDPO’s of Bangalore & Ramanagara District as per the request of Food & Nutrition Board, Ministry of Women and Child development, Government of India. 25 functionaries participated in the programme and were given training regarding the nutrition policy, care to prevent malnutrition (macro-nutrient & micronutrient deficiency) at the community level and low cost foods to prevent malnutrition among children & adolescent girls.

**Brief news:**

**World Health Day 2013:**

6th term students made presentations on the World Health Day theme 2013 - Control your blood pressure at Lecture hall-1, KIMS, Banashankari college campus, Bangalore on 8th April, 2013. Interns, postgraduates and staff were also present. It was followed by distribution of certificates to the students & discussion on the subject.

**Visit to Allergy clinic, Germany, April, 2013:**

Dr. B. G. Parasuramalu, Professor and Head, In-charge allergy center, Dr. Chitra Nagaraj
Associate Professor and Dr. Giriyanna Gowda, Assistant Professor visited Munster and Hamberg, Germany from 14th to 17th April 2013. They attended training programme on allergy at Allergy Clinic, University Hospital Munster and Reinbek, Hamberg, Germany.

**Visit of Dr. Charles Rupert to Banashankari Maternity Home (BMH), Bangalore, 8th July, 2013:**

Dr. Charles Rupert (retired) chief of rabies programme, CDC, Atlanta and executive member GARC had visited Intra dermal rabies clinic (IDRV) of BMH (Urban Health Centre attached to KIMS, Bangalore) on 8th July, 2013. He was accompanied by Dr. M. K. Sudarshan, Dean & Principal, KIMS, Bangalore who explained about the functioning of the IDRV clinic.

**Guest Lecture by Dr. V M Gupta, 28th January, 2014:**

A guest lecture was delivered by Dr. V. M. Gupta, (former professor of Community Medicine, BHU, Banaras) at the department on 28th January 2014. He gave a talk on Art and Science of Research Methodology. Dr. N. S. N. Rao (former professor of statistics) was the guest of honour. Dr. M. K. Sudarshan welcomed the gathering. All the staff and post graduates of the department were present. The lecture was followed by question and answer session.

**Visit of Dr. Bernadette Abela-Ridder, Team leader-Zoonotic Disease, Neglected Tropical Diseases, WHO, Geneva to Anti Rabies Clinic (ARC) KIMSH & RC, Bangalore, 22nd February, 2014.**

Dr. Bernadette Abela-Ridder, Team leader Zoonotic Disease, Neglected Tropical Diseases, WHO, Geneva visited the ARC at KIMSH & RC on 22nd February, 2014. She was apprised of activities done in the ARC by Dr. D. H. Ashwath Narayana, Professor and HOD. She also visited the medical college at KIMS, Banshakari campus. She was accompanied by Dr. Ahmed, President of the Rabies in Asia, Bangladesh chapter.

**Superannuation retirement of Dr. B G Parasuramalu**

Dr. B. G. Parasuramalu, Professor and Head of Community Medicine retired from service on 31st January 2014. He joined as assistant professor in March 1986 and had put more than 28 years of service in the department. He became Professor and Head of the department in 2005 and continued till retirement. He was instrumental in the development of allergy unit at KIMSH & RC, which over the years has established itself as a unit of excellence and the only one of its kind in a medical college to the country. During his long and illustrious carrier, he was involved in the development of the department and worked as principal investigator, co-investigator in various international, national and state level clinical trials, projects, activities, research studies etc. He has been a president, organizing secretary, chairperson, invited speaker of various organizations, conferences, etc. He was very active academically as teacher par excellence for undergraduate and post graduates students and also examiner in southern states of the country. The department is forever grateful for his contribution and will truly miss him.

**Research articles published by staff:**


### Conference Presentations:

#### International:

1. **Dr. M K Sudarshan:** Foundation speech about Rabies in Asia Foundation. RIACON 2013, Bangkok, Thailand; 11th-13th September, 2013.

2. **Dr. D H Ashwath Narayana:** Safety and immunogenicity of one week ID regimen in rabies exposed individuals. RIACON 2013, Bangkok, Thailand; 11th-13th September, 2013.


5. **Dr. H S Ravish:** Interchangeability of route or type/brand of anti-rabies vaccines in post exposure prophylaxis: Safety & Immunogenicity study. RIACON 2013, Bangkok, Thailand; 11th-13th September, 2013.

6. **Dr. V Veena:** Compliance to anti rabies vaccination. APCRICON 2013 Pune; 6th & 7th July, 2013.

7. **Dr. Malatesh Undi:** Sources of animal bite management preferred by women in a rural area. APCRICON 2013 Pune; 6th & 7th July, 2013.

8. **Dr. A R Rachana:** Re-exposures to animal bites. APCRICON 2013 Pune; 6th & 7th July, 2013.

9. **Dr. Sharmila K N:** Assessing the job satisfaction of Accredited Social Health Activists. 58th Annual National Conference; IPHACON14, Sri Venkateswara Medical College, Tirupati, Andhra Pradesh; 22nd – 24th January, 2014.

10. **Dr. Shilpa:** Psychological Distress among Infertile Couples in a Rural Area. 58th Annual National Conference; IPHACON14, Sri Venkateswara Medical College, Tirupati, Andhra Pradesh; 22nd – 24th January, 2014.


12. **Dr. Kavita S. Konapur:** Maternal Biosocial Factors Influencing New Born Anthropometric regimen (4-4-4-0-0) in animal bite cases: Interim results. APCICON 2013 Pune; 6th & 7th July, 2013.
Indices at a Corporation Maternity Home in Bangalore City. 41st Annual National Conference of Indian Association of Preventive and Social Medicine, Agartala, Tripura; 6th – 8th February, 2014.

13. **Dr. Aravind M**: A Clinical Evaluation of Safety and Immunogenicity of Rabipur and Verorab administered Using One Week Intradermal Regimen (4-4-4-0-0) in Animal Bite Cases. 58th Annual National Conference; IPHACON14, Sri Venkateswara Medical College, Tirupati, Andhra Pradesh; 22nd – 24th January, 2014.


**State:**


2. **Dr. H S Ravish**: Intra dermal rabies vaccination. 25th KACHCON; 30th November, 2013.

3. **Dr. Shilpa**: Prevalence and Biosocial Correlates of Infertility in Rural Field Practice Area. 25th KACHCON; December, 2013.

4. **Dr. Malatesh Undi**: Evaluation of Mass Drug Administration Programme for lymphatic filariasis in Bidar, District Karnataka, India. 25th KACHCON; December, 2013.

5. **Dr. Rachana A R**: Safety and Immunogenicity of Intradermal Rabies Vaccine. 25th KACHCON; December, 2013.

6. **Dr. Sridevi Kulkarni**: Impact of Health Education regarding Dengue Fever among Link Workers of Urban Health Centers of Bangalore City. 25th KACHCON; December, 2013.

7. **Dr. Anagha M.V**: A Study on Occupational Asthma in Silk Filature workers. 25th KACHCON; December, 2013.

8. **Dr. Yannick P Puthussery**: Physical exercise practices among elderly type 2 diabetic patients in a tertiary care hospital. The 4th Annual Conference of the Karnataka Chapter of the Indian Academy of Geriatrics (KARGERICON); 6th December, 2013.

**Poster Presentations:**


2. **Dr. Tejashwini K**: Caregiver Burden: Emerging Issue in Caregivers in Care of Impaired Elderly. 25th KACHCON, December, 2013.

3. **Dr. Madhusudan**: GPS as a tool for investigation of an outbreak of cholera in a village of Bangalore Urban District, Karnataka, India. 25th KACHCON, December, 2013.

**Dr. Yannick P Puthussery** and **Dr. Tejashwini K** were awarded first prize in medical quiz at KARGERICON 2013 at St. John’s Medical College, Bangalore.

**Staff Activities (Important):**

**Dr. M K Sudarshan:**

- **Chairperson**: Chaired the workshop on developing guidelines for assessing rabies free status of Nilgiris, Tamil Nadu, and delivered a talk on “assessing rabies free areas at Pasteur Institute of India, Coonoor” on 30th August, 2013.

- **Speaker**: Delivered a talk on requirements of Medical Council of India for research in medical colleges, types of study designs and research paper, structure of an original research paper, choosing a target journal and peer review in workshops conducted by Rajiv Gandhi University of Health Sciences & Karnataka Medical Council in MIMS, Mandya on October 2013, in KIMS, Bangalore on February 2014 and in SSIMS, Davanagere on March, 2014.

- **Mentor**: Epidemic Intelligence Services, National Center for Disease Control, Delhi, as mentor and attended the workshops in October 2013,
February and March, 2014.

- Organized the 2nd RGUHS Workshops on "Motivation for research and how to write scientific papers" at KIMS, Bangalore, February 2014.

Dr. D H Aswath Narayana:

- Professor and HOD since 1st February, 2014.
- Executive Director - RIA Foundation.
- Central council member (South) - IPHA
- Principal Investigator - Rabies vaccine trial.

Dr. Gangaboriah:

- Invited speaker — 2nd & 3rd RGUHS workshop on motivation and research writing, in KIMS, Bangalore on February 2014 and in SSIMS, Davanagere on March 2014.

Dr. N R Ramesh Masthi:

- Organizing Secretary: 2nd RGUHS workshop on motivation and research writing, KIMSRC, Bangalore, February 2014.
- Editorial board member - IPHA Journal.
- Editorial board member - RGUHS Journal of Medical sciences.

Dr. R Chethana:


Dr. T V Sanjay:

- Teacher in charge, Undergraduate training.

Dr. Chitra Nagaraj:

- Guide, student project on Indian Council of Medical Research (ICMR).
- Coordinator, orientation course for the first year MBBS batch of 2012-2013.
- Delegate, Medical Education Coordinators meets RGUHS, 9th August 2012.

Dr. H S Ravish:

- Organizing secretary and speaker – TOT workshop, Government of India, February 2014.
- Treasurer - RIA Foundation

Dr. Jayanthi Srikanth:

- Guide—student project on ICMR.

Dr. Koradhanyamath:


Dr. Giriyanna Gowda:

- M Sundaramma Young scientist Award for best research work NCIAAI 2012.
- Resource person: Preconference workshop on allergy testing and Immunotherapy - NCPAAI.
- Delegate: 2nd WAOISCON, December 2012.
- Delegate: 46th ICAAIICON 2012.

Other news:

Post Graduates:
Drs. M R Satish Chandra, Jahnavi Rajagopal, S Rekha & V Veena had completed the course successfully. Drs. Anwith H S, Vairavasolai P, Rupsa Banerjee, Kulrajat Bhasin, Chandana Krishna, Nimin Hafeez are the new postgraduates to have joined the department from May 2013.

Interns:
About 92 interns from the 2008 batch had completed the internship training programme successfully. A few of the interns had participated as volunteers and field investigators in the different projects and activities of the department. One of the presentations by the intern was awarded the best paper presented in KACHCON 2013.
Prof. Dr. Thomas A Luger, Chairman (First from left), Prof. Dr. Randolf Brehler (Fifth from left), Head, Division of Allergy, Dr B G Parasuramalu (Sixth from left), Professor & HOD, KIMS Bangalore along with staff of KIMS, Bangalore at University Hospital Munster, Germany, April 2013.

Dr M K Sudarshan, Dean & Principal (3rd from left) along with staff and postgraduates at 15th APCRICON, PUNE 2013.

IDRV Clinic- Dr. Charles Rupert, Retired chief of laboratories, zoonotic diseases, CDC, Atlanta (4th from left), Dr. M K Sudarshan (3rd from left), Dean & Principal, KIMS, Bangalore and post graduates at Banshankari Maternity Home, Bangalore, July, 2013.

CME on Non Communicable Diseases- Dr. Shivaram (3rd from left) President of 25th KACHCON, Dr. M K Sudarshan, Dean and Principal along with the other dignitaries, July 2013.
Dr. B G Parasuramalu, Professor & HOD, last working day at KIMS, Bangalore along with department staff, post graduates and non-teaching staff, January 2014.

Dr. Bernadette Abela-Ridder(3rd from left), Team leader-Zoonotic disease, WHO, Geneva along with president of RIAF, Bangladesh (6th from left), Dr. D H Ashwath Narayana (2nd from left), Professor & HOD – Visit to Anti Rabies Clinic, KIMSH & RC, Bangalore, February, 2014.

Guest Lecture: Professor V M Gupta (3rd from left) at seminar hall, Community Medicine department, KIMS, Bangalore, February, 2014.